



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ross Pennell**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 04:10:38**

**PACE 05:57/km**

**GENDER 122 of 563**

**OVERALL 150 of 834**

**40+ 27 of 161**

08 July 2023, Sat

Date



*BoutTime*

Signature

